



HOOKS

COMMON TYPES OF HOOKS



J-Hook

Best universal hook. It can be used for a wide variety of fishing techniques. Barbless Hook Ideal for catch and release fishing. This hook tends to cause less injury to the fish because it can be removed easily so the fish can be released faster.



Baitholder Hook

Have barbs on the shank to help hold live bait to the hook. It is easy to use for beginners.



Wide Gap Worm Hook

Designed for use with soft bait or plastics. It has a wide gap so the hook can pierce the mouth with the soft bait still attached.

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Circle Hook

Great for catch and release fishing. The angled point prevents hooking the soft tissue at the back of the mouth and favours the hard tissue of the jaw.

Consider adding a treble stinger

hook when using live bait.



A treble hook is comprised of mulitiple pointed hooks on a common shaft It is often used on manufactured lures such as crankbaits, jerkbaits, and spoons. It can be used tied directly to the line for stringer hooks, or to attach dough baits for carp, catfish, and trout fishing.

Species	Size (single hook)	Suggested Types of Hooks	The chart below contains very general hook suggestions. Anglers can still catch these species using other hook sizes, but the information below is intended as a starting point point for beginners.
Bass	2 – 3/10	J, baitholder, wide gap worm, circle, or treble hook (size 6 - 2).	
Panfish	10 – 4	J, or baitholder hooks.	
Pike	1/0 – 4/0	J, baitholder, wide gap worm, or treble hook (size 6 - 2). Consider adding a treble stinger hook for live bait.	
Salmon/Trout	16 – 8	J, barbless, baitholder, or circle hook. Consider adding a treble stinger hook for live bait (size 6 - 2).	
Walleye	6 – 2	J, baitholder, or treble hook (size 6 - 2). Consider adding a treble stinger hook for live bait.	

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